

## **A reading from the book of Lamentations (3:17-26)**

*It is good to wait in silence for the Lord to save*

My soul is shut out from peace;  
I have forgotten happiness.  
And now I say, My strength is gone  
that hope which came from the Lord.  
Brooding on my anguish and affliction  
is gall and wormwood.  
My spirit ponders it continually  
and sinks within me  
This is what I shall tell my heart,  
and so recover hope:  
the favours of the Lord are not all past,  
his kindnesses are not exhausted;  
every morning they are renewed;  
great is his faithfulness.  
My portion is the Lord says my soul  
and so I will hope in him.  
The Lord is good to those who trust him,  
to the soul that searches for him.  
It is good to wait in silence for the Lord to save.

The word of the Lord.