

A reading from the letter of St Paul to the Philippians (3:17-4:1)

My brothers, be united in following my rule of life. Take as your models everybody who is already doing this and study them as you used to study us.

For us, our homeland is in heaven, and from heaven comes the saviour we are waiting for, the Lord Jesus Christ, and he will transfigure these wretched bodies of ours into copies of his glorious body. He will do that by the same power with which he can subdue the whole universe.

So then, my brothers and dear friends, do not give way but remain faithful in the Lord. I miss you very much, dear friends; you are my joy and my crown.

The word of the Lord.